Orienteering Event - Hercules Tower

Programme
Thursday 14th 2005
Total amount: 10 Euros.

17:30  Departure by bus from PALEXCO.
18:00  Arrival to the starting line area.
18:30  Start of the first participant.
19:30  Departure of bus number 1 to PALEXCO.
20:00  Closure of the finishing line and departure of bus number 2 to PALEXCO.

Location
The map is located at the Hercules Tower Peninsula, an emblematic place of the city of A Coruña, where the history of this city begins.

Map
Map according to regulations ISSOM 2004. Made in April 2005 by Óscar Freire (SPAIN) and Paco Cobas (SPAIN).

Urban map with half-urban areas, surrounded by the sea in the East and in the West, with cliffs which, in some cases, finish in small beaches and creeks. Areas with streets among buildings combine with wide areas of open land, little areas scattered of low and impenetrable vegetation. It has technical areas with lots of rocks and small details in the relief. Average differences in height. Suitable for all levels of orienteering, from the most basic to the most advanced.

Route
Classic daily route, suitable for the general public.

Recommendations
We advise you to bring your own compass, though it is not essential considering the references present almost all over the map. Shorts or orienteering suit and trainers will be enough for the route.